

# DRUGS?

## How is CANNABIS use in Portugal?



European Web Survey on Drugs

### European Web Survey on Drugs - Portugal 2021

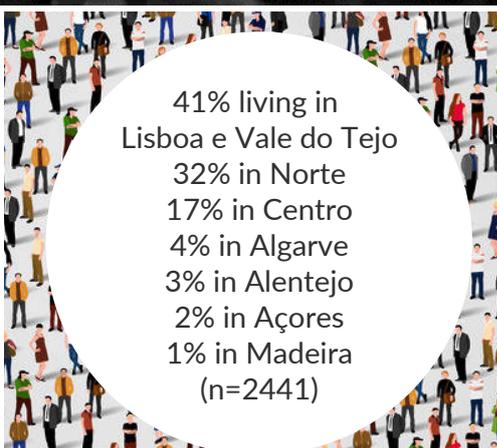
Online self-completion survey, an initiative of the European Monitoring Centre on Drugs and Drug Addiction, aimed at drug users aged 18 or over, applied between March and May 2021, in around 30 European countries, including Portugal, through SICAD - General-Directorate for Intervention on Addictive Behaviours and Dependencies.

Its objective is to deepen the knowledge about the patterns of use of illicit drugs, aiming at the better adequacy of public policies.

3188 cannabis users participated in this survey in Portugal.

#### SOCIODEMOGRAPHIC TRAITS OF THE PORTUGUESE SAMPLE OF CANNABIS USERS

- ✓ 71% are men (n=3186), 67% from male gender, 1% from non-binary gender (n=3165).
- ✓ 48% with 18-24 years, 31% with 25-34 years, 13% with 35-44 years, 6% with 45-54 years, 2% with 55-64 years (n=3175).
- ✓ 36% with higher education (university) completed (+18% attending), 31% with secondary education completed (+8% attending), remaining with lower school education (n=2599).
- ✓ 41% employed full-time (+ 4% part-time), 8% self-employed full-time (+2% part-time), 27% full-time students (+8% working students), remaining non-employed(n=2594).
- ✓ 43% living with parents, 18% living in couple without children at home (+10% with children), 13% living alone, 12% sharing house with peers, colleagues, remaining other types of situations (n=2590).
- ✓ 72% living in the city, 17% in a town and remaining in a village/countryside (n=2590).



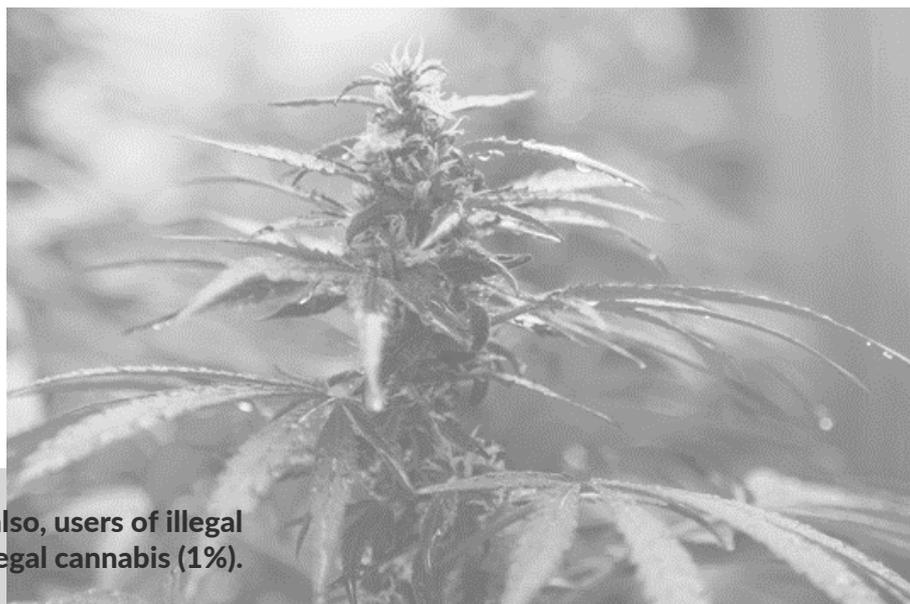
41% living in Lisboa e Vale do Tejo  
32% in Norte  
17% in Centro  
4% in Algarve  
3% in Alentejo  
2% in Açores  
1% in Madeira  
(n=2441)

Citation: SICAD (2022). Drugs - How is cannabis use in Portugal? Results from the European Web Survey on Drugs - Patterns of Consumption Portugal 2021. Available at [sicad.pt](http://sicad.pt).

# DRUGS?

## How is CANNABIS use in Portugal?

- ✓ 3019 used illegal cannabis (95%)
- ✓ 614 used legal cannabis (19%)  
(CBD products and/or with low THC, sold in shops)
- ✓ 2 used cannabis prescribed by a doctor (0,1%)



Almost all users of legal cannabis are, also, users of illegal cannabis. Only 38 used exclusively legal cannabis (1%).

2 788 used HERBAL CANNABIS (88%)

2 036 used CANNABIS RESINE (64%)

465 used CANABIS EDIBLES (15%)

270 used CANNABIS OIL or EXTRACT (9%)

3/4 of cannabis users strongly agree that cannabis use should be legal, and practically 1/4 somewhat agree (n=3188)

### MOTIVES TO USE CANNABIS

- ✓ To reduce stress/relax (84%)
- ✓ To socialize (36%)
- ✓ To get high/for fun (60%)
- ✓ To enhance performance (school/work/sport/etc.) (21%)
- ✓ To improve sleep (52%)
- ✓ To reduce pain/inflammations (15%)
- ✓ To treat depression/anxiety (40%)
- ✓ Out of curiosity/to experiment (3%)

(n=3188)

# DRUGS?

How is CANNABIS use in Portugal?

FORMS OF CONSUMPTION  
FREQUENCY  
QUANTITY

## Herbal Cannabis

Almost all herbal cannabis users use joint to smoke (n=2718).



Users that usually use **JOINT**

### USUALLY

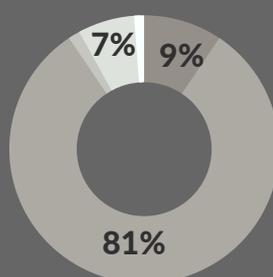
- ✓ 95% use joint
- ✓ 2,5% use vaporizer
- ✓ 1,2% use water pipe
- ✓ 0,7% use dry pipe
- ✓ 0,6% use in food

Consumption clearly not experimental

What do they put in the joint?

- 1° - Herbal C. and tobacco
- 2° - Herbal C.
- 3° - C. resine, herbal C. and tobacco

(n=2556)



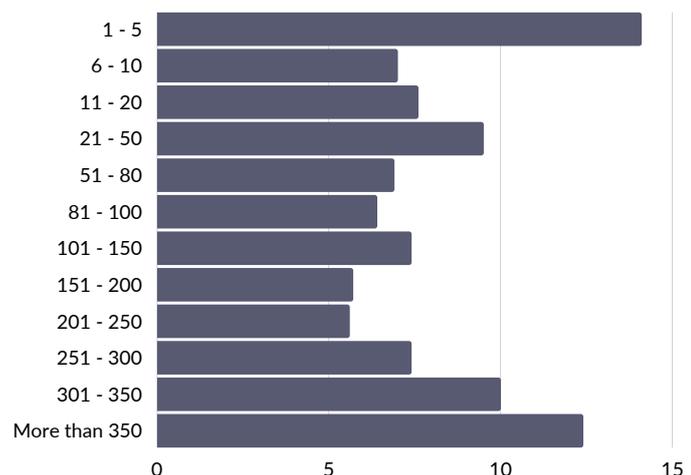
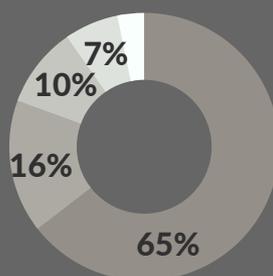
Users that usually use **WATER PIPE**

Nr OF CONSUMPTION DAYS IN THE LAST 12 MONTHS (%)  
(n=2699)

What do they put in the pipe?

- 1° - Herbal C.
- 2° - Herbal C. and tobacco
- 3° - Herbal C. and C. resine
- 4° - C. resine, herbal C. and tobacco

(n=31)

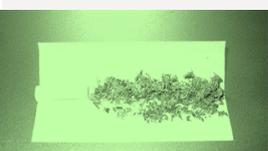


# DRUGS?

How is CANNABIS use in Portugal?

FORMS OF CONSUMPTION  
FREQUENCY  
QUANTITY

## Herbal Cannabis



Users that usually use **JOINT**

**How many joints do they smoke in a typical day?**

On average, herbal cannabis users that usually use in joints, smoke between 1 and 4 joints. The median is 2 joints (n=2381).

**How many grams of herbal cannabis do they usually put in each joint? (n=2498)**

25,0%    23,6%    27,2%    24,2%

■ less than 0,1g    ■ 0,1g - 0,19g    ■ 0,2g - 0,29g    ■ 0,3g or more



Users that usually use **WATER PIPE**

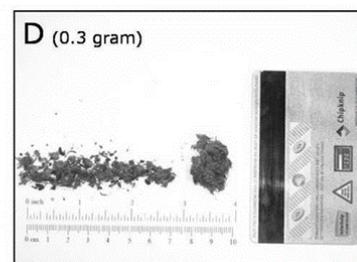
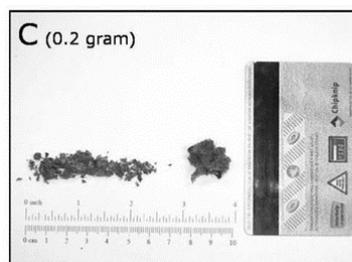
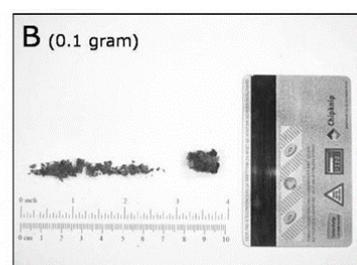
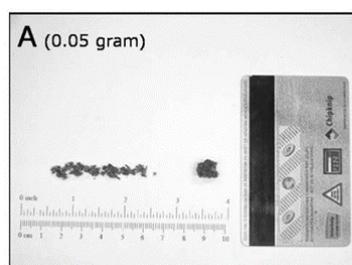
**How many water pipes do they smoke in a typical day?**

On average, herbal cannabis users that usually use in water pipes, smoke between half and 3 pipes. The median is 1 pipe (n=26).

**How many grams of herbal cannabis do they usually put in each pipe? (n=31)**

35,5%    16,1%    16,1%    32,3%

■ less than 0,1g    ■ 0,1g - 0,19g    ■ 0,2g - 0,29g    ■ 0,3g or more



Going back to the last consumption, in each 10 herbal cannabis users that usually use joint:

- ✓ 3 didn't share the joint
- ✓ 3 shared with 1 person
- ✓ 3 shared with 2 or 3 persons



Going back to the last consumption, in each 10 herbal cannabis users that usually use water pipe:

- ✓ 3 didn't share the water pipe
- ✓ 2 shared with 1 person
- ✓ 3 shared with 2 or 3 persons

# DRUGS?

How is CANNABIS use in Portugal?

FORMS OF CONSUMPTION  
FREQUENCY  
QUANTITY

## Cannabis Resin

Almost all cannabis resin users use joint to smoke (n=2000).



Users that usually use **JOINT**

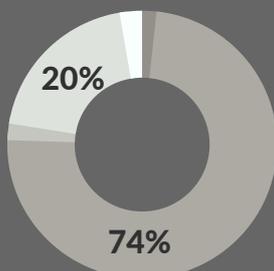
USUALMENTE:

- ✓ 97% use joint
- ✓ 1,2% use water pipe
- ✓ 0,6% use vaporizer
- ✓ 0,6% use dry pipe
- ✓ 0,4% use in food

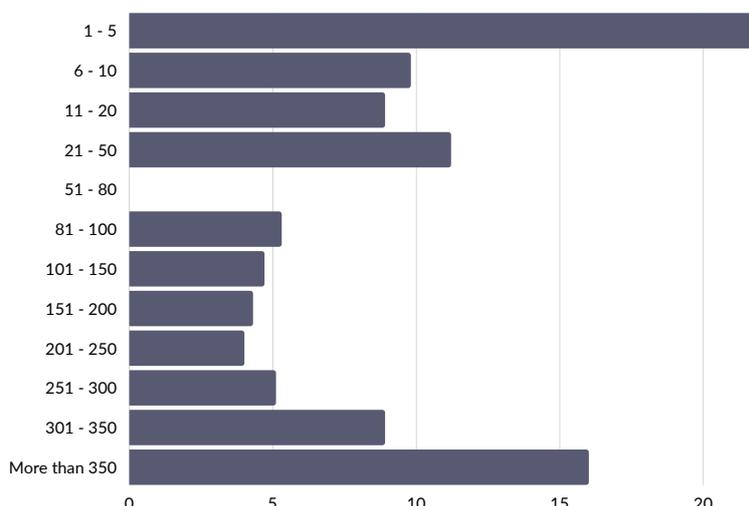
Consumption clearly not experimental

What do they put in the joint?

- 1° - C. resine and tobacco
  - 2° - C. resine, herbal C. and tobacco
- (n=1924)



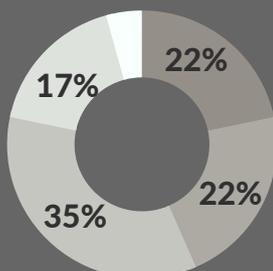
Nr OF CONSUMPTION DAYS IN THE LAST 12 MONTHS (%)  
(n=1851)



Users that usually use **WATER PIPE**

What do they put in the pipe?

- 1° - C. resine and herbal C.
  - 2° - C. resine
  - 3° - C. resine and tobacco
  - 4° - C. resine, herbal C. and tobacco
- (n=23)

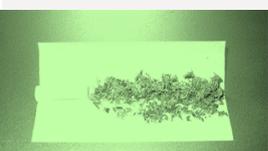


# DRUGS?

How is CANNABIS use in Portugal?

FORMS OF CONSUMPTION  
FREQUENCY  
QUANTITY

## Cannabis Resin



Users that usually use **JOINT**

How many joints do they smoke in a typical day?

On average, cannabis resin users that usually use in joints, smoke between 1 and 5 joints. The median is 2 joints (n=1859).

How many grams of cannabis resin do they usually put in each joint? (n=1881)

27,8%    20,5%    29,9%    21,9%

■ less than 0,1g   ■ 0,1g - 0,19g   ■ 0,2g - 0,29g   ■ 0,3g or more



Users that usually use **WATER PIPE**

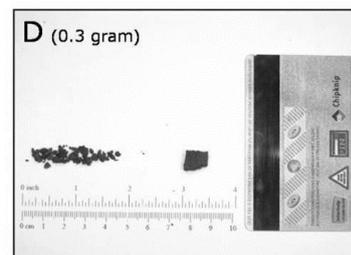
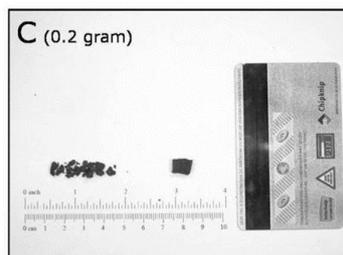
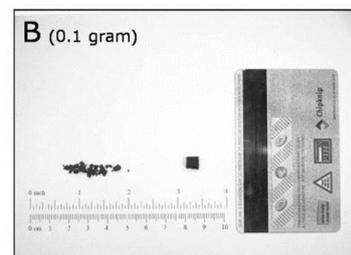
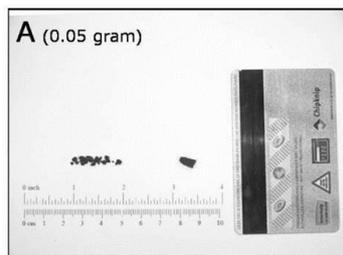
How many water pipes do they smoke in a typical day?

On average, cannabis resin users that usually use in water pipes, smoke between less than 1 and 4 pipes. The median is 1 pipe (n=23).

How many grams of cannabis resin do they usually put in each pipe? (n=23)

30,4%    21,7%    21,7%    26,1%

■ less than 0,1g   ■ 0,1g - 0,19g   ■ 0,2g - 0,29g   ■ 0,3g or more



Going back to the last consumption, in each 10 cannabis resin users that usually use joint::

- ✔ 3 didn't share the joint
- ✔ 3 shared with 1 person
- ✔ 3 shared with 2 or 3 persons



Going back to the last consumption, in each 10 cannabis resin users that usually use water pipe:

- ✔ 3 didn't share the water pipe
- ✔ 1 shared with 1 person
- ✔ 4 shared with 2 or 3 persons